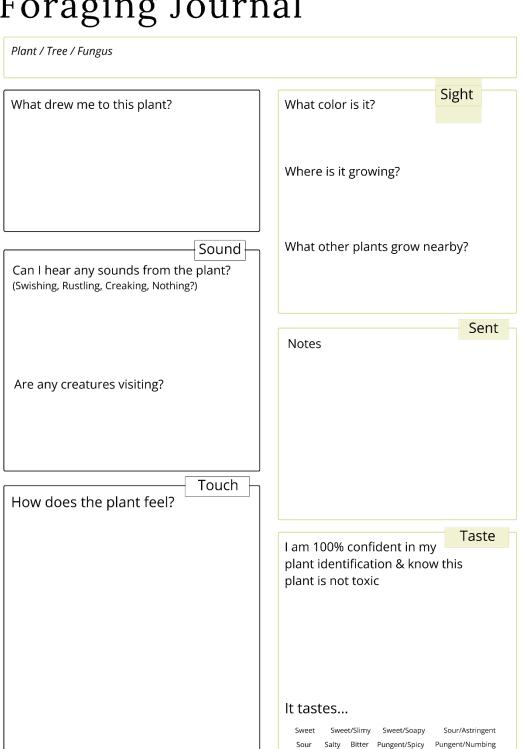


Notes

I want to know more about

Herb Name / Scientific Name	Interest
Herb Name / Scientific Name	Interest







Plant / Tree / Fungus			
	Parts Harvested	wers fruit ro	ots 🔵 twigs 🔵 bark
	Date	Time	
	Recent Weather C	Conditions	
Terrain ☐ mountain ☐ fores ☐ hill ☐ river ☐ beach ☐ urba			
☐ moor ☐ swar ☐ plain ☐ tund ☐ marsh ☐ dese	ra """	ine Spell	Abundance
Notes			

DOODLE PAGE

Herbal Identification

Drawing			Common Names		
			Latin		
			Family		
Aroma			Tradition		
Edil	ble 🔵	To	oxic 🔵	Endangered 🔘	
Botanical Description					
Botanical	Description				
Botanical	Description				
Botanical	Description				
Botanical	Description				
Botanical	Description				
Botanical	Description				

HERB:



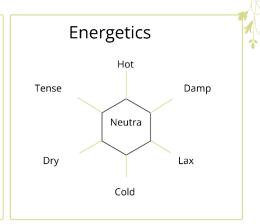
Botanical Name:		Common Names:
Plant Family:		
		Common Uses:
		Medical Uses:
Growing Cycle:	How and where i	it grows:
	Notes:	
Annual 🗌		
Biennial 🗌		
Perennial 🖂		

Medical Properties

Taste

Parts Used

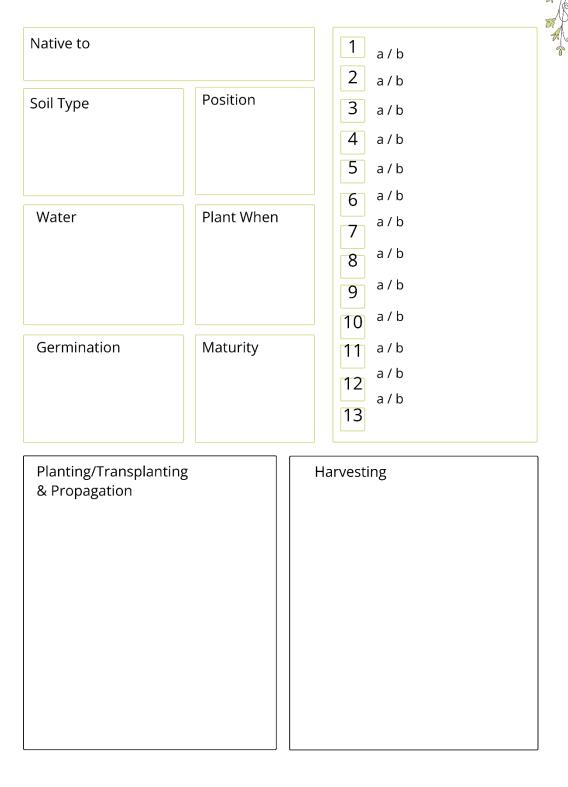
Active Compounds



Actions				
Adaptogen Alterative Anthelmintic Anti-catarrhal Anti-depressive Anti-emetic Anti-hemorrhagic Anti-liflammatory Anti-lithic Anti-microbial	Anti-parasitic Anti-pyretic Antispasmodic Anodyne Aperient Aromatic Astringent Bitter Cardiac Tonic Carminative	Cholagogue Choleretic Demulcent Depurative Diaphoretic Diuretic Emetic Emetic Emetic Emollient Expectorant Febrifuge Galactagogue Hepatic Hypnotic	Laxative Nervine Rubefaceient Sedative Spasmolytic Stimulant Styptic Thymoleptic Tonic Trophorestorative Vulnerary	

5	Specific Indications		

Cultivation



Preparations

